

# IS YOUR CHILD STRUGGLING TO MASTER CORE ACADEMIC SKILLS?

fit<sup>math</sup><sup>™</sup>  
fit<sup>reading</sup><sup>™</sup>  
fit<sup>writing</sup><sup>™</sup>  
fit<sup>logic</sup><sup>™</sup>  
lil' fits<sup>™</sup>

## fit<sup>learning</sup><sup>™</sup> IS HERE TO HELP!

Fit Learning is a learning laboratory that provides the best learning foundation for every child, regardless of age, disability, challenge or label. By combining the latest in behavioral and cognitive sciences, Fit Learning offers completely individualized programs that transforms children as learners and consistently produces 1 year's academic growth in 40 hours!



## WHAT MAKES US UNIQUE?

**EVERYTHING!** We are unlike any learning experience your child has encountered. A Fit Learning session is a fast-paced, goal-oriented, high-energy instructional interaction with a Fit Learning Coach. Just as an athlete or musician trains, we focus on repetition, endurance, accuracy and performance. Kids leave full of confidence and ready to tackle their worlds!



## INTRODUCTORY OFFER

Contact us today to schedule an assessment in our learning laboratory!  
Mention this flyer and receive 50% off a single subject assessment.

**(202) 505-5304**

[www.fitlearning.com](http://www.fitlearning.com)

1875 Connecticut Ave NW 10th Floor Washington, DC 20009

[marc@fitlearningdc.com](mailto:marc@fitlearningdc.com)

The Fit Learning Model has been researched and developed over the last 20 years. By combining the latest in behavioral and cognitive sciences, Fit Learning offers a program that transforms children as learners, and consistently produces **1 year's growth in 40 hours.**



Phonics, Phonemic Awareness, Oral & Silent Reading, Comprehension, Spelling, & Vocabulary



Numeration, Computation, Fractions, Decimals, Ratios, Percents, Algebra, & Problem Solving



Grammar, Sentence & Paragraph Construction, Brainstorming, Organization, Genre Writing



Problem Solving, Advanced Comprehension, Critical Thinking, Study Skills



Listening, Understanding, Following Instructions, Language Building, Reading and Math Readiness



Call today to learn more  
1875 Connecticut Ave NW

Washington D.C.

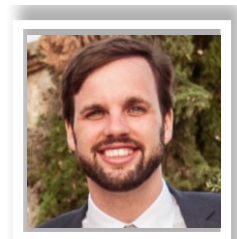
(202) 505-5304



marc@fitlearningdc.com



@fitlearningdc



Marc D'Antin  
*Director*

The Joy of Learning

fit learning™

Where the Science of Learning  
Meets the Art of Teaching™



## OUR MISSION

The Fit Learning Mission is to transform the learning abilities of all children who walk through our doors such that they achieve greatness in their communities and beyond.

To achieve our mission, we apply a combination of behavioral science, evidence-based instruction, and precise measurement systems into each customized student program. We are committed to producing learners who are **proficient, focused, fluent, agile, independent** and above all, **joyful**. By providing unparalleled customer service and remarkable training to our staff, we strive to create a culture of warmth, support, open dialogue, and contribution within our growing community.

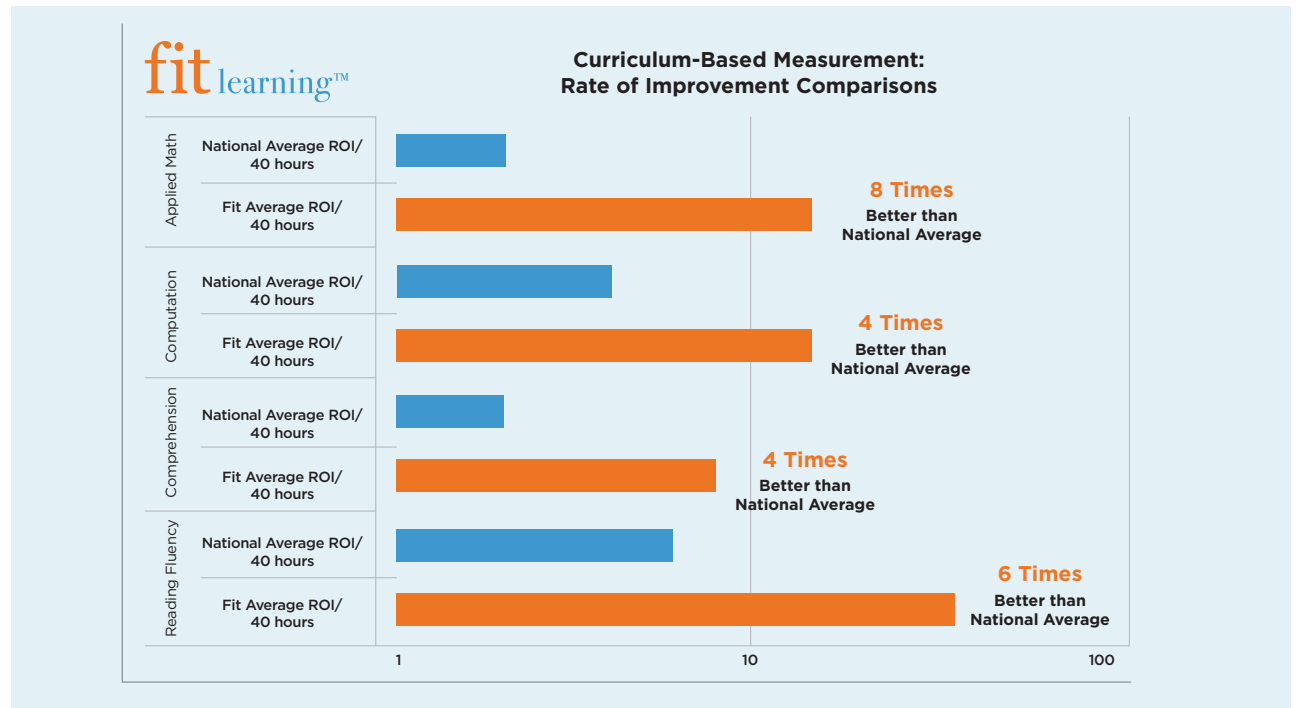
## WHAT IS A FIT LEARNER?

- A confident, empowered student that demonstrates strong memory skills
- A student who possesses the ability to expertly perform in any classroom environment
- A newfound capacity for learning

## WHAT IS COGNITIVE FITNESS AND HOW IS IT PRODUCED?

**Cognitive Fitness** is the ability to effortlessly learn, reason, remember, and adapt. By training cognitive muscles with highly structured, specialized practice opportunities in core learning areas, and incorporating new-found skills, you can alter the physical makeup of your brain. Cognitive Fitness training will result in improved memory, heightened confidence, resistance to distractions and fatigue, and the ability to learn at a faster rate.

**The Fit Model** isolates core academic skills and trains every student to **fluency - rapid processing speed and measure of true mastery or proficiency**. Moving your child to fluency in these critical areas through Cognitive Fitness training is essential for every learner.



## WHAT MAKES US UNIQUE?

### EVERYTHING!

We are unlike any learning experience your child has encountered. A Fit Learning session is a fast-paced, goal-oriented, high-energy instructional interaction with a **Fit Learning Coach**. Kids leave full of confidence and ready to tackle their worlds.

## MEET OUR COACHES

Our Fit Learning Coaches are extensively trained and certified in the principles of learning science and our unique application of objective measurement systems. This is the hallmark of our instructional approach. The result? A **dynamic, exciting and rewarding learning experience**, for both coach and student, that fundamentally transforms a child's academic aptitude and overall cognitive abilities.

“At Fit Learning, our team is constantly in awe of every student's gains, will power, and goals. After our sessions, Fit learners indisputably become confident in any classroom environment, and as an educator, there is no greater gift than this.”

-Dr. Nick Berens

